2015 Annual Report

The lives we have changed
Our Mission & Vision

Our mission is to improve the lives of orphaned and disadvantaged children and their families in Uganda through quality education, healthcare and income-generating programs.

Our vision is educated, healthy and empowered Ugandan children as agents of positive social and economic change.

Our Work

EDUCATION
Education is the cornerstone of what we do. Each year, sponsored children receive tuition, a uniform, school supplies, daily nutrition and health services. Additionally, some of our sponsors cover dormitory fees providing children with a safe, learning environment. We also offer teacher sponsorships and adult-learning programs.

HEALTH
Our Health programs focus on supporting children and families affected by malaria, typhoid, respiratory conditions, tuberculosis and HIV/AIDS, increasing access to medical resources as well as improving health and nutrition through education.

WATER
Our comprehensive Water program focuses on expanding access to clean water in Migyera, with a community well and home rainwater-harvesting, combined with sanitation and hygiene education.

MICROENTERPRISE
Our Microenterprise programs provide families with loans, training and support, to start, build and grow businesses. Our programs also help children purchase livestock to raise for income and food.
As I reflect on 2015 and the more than 368 children, their mothers and fathers, and other members of the community who participate in our education, health and microenterprise programs, I am amazed at their accomplishments, humbled by their dedication and encouraged by their optimism. I am also deeply grateful to the donors and volunteers who make our mission possible. I have seen firsthand numerous and compelling examples of how and why our approach works. At ChangeALife Uganda, we believe that education drives change, but we also believe that education must go beyond the classroom. We understand that children cannot succeed in school without supportive families and access to healthcare and clean water. We recognize that Ugandan parents do not have the luxury of keeping children in school if the family lacks economic opportunity. When we combine education inside and outside of the classroom, with healthcare, access to clean water and family-based income generating opportunities, the results are astounding.

Our sponsors enabled 368 students to attend school and 176 children to live in dormitories increasing their chances of academic success. Our donors and supporters empowered 162 men and women by giving them the opportunity to learn to read, earn income, learn skills and plan for the future by opening savings accounts. Our donors and supporters helped us treat 7,272 patients and test another 4,130 for HIV at our health clinic, expand access to clean water and educate hundreds of people in Migyera about the importance of clean water and sanitation.

In 2015, we saw more students excel on their primary leaving exam (measuring proficiency and readiness for secondary school) and more students going on to secondary school, university and trade schools than ever before.

While our progress is accelerating, we still have far to go. We need to expand the St. Lawrence School and build a multipurpose room so that our students can gather for assemblies and eat indoors rather than on the ground out-
What does it mean to improve the lives of orphaned and disadvantaged children and their families in Migyera and Nabbingo? It means that when Olivia Nalubega was registering poor performance in her academics because she had to walk a long distance between her home and school, as well as having to put in a couple of hours after waking up at 5am each morning to help with fetching water and doing house chores, ChangeALife Uganda (CALU) was there to help her get full sponsorship for her education. She enrolled in the Chess Club, which eventually enabled Olivia to improve her analytical abilities. Olivia went on to excel in her final Primary Leaving Examinations (PLE), emerging as the best student at St. Lawrence School Migyera in 2014. Enlisting her parents into CALU’s income-generating projects improved the family’s income and provided Olivia with a favorable environment to concentrate on her education.

In 2015, St. Francis Health Center provided healthcare to over 7,000 patients and brought medical services to 683 patients through its community healthcare outreach project. In addition, CALU provided scholarships to 368 students, started an aquaponics project at St. Lawrence School, and distributed 1,500 solar LUCI lights to both students and their parents to help at night with lighting for household tasks and homework. The Children’s Enterprise Program and the artisan crafts, tailoring, and adult literacy programs are further examples of successfully changing the lives of CALU families.

In this year’s annual report, you’ll read about CALU’s impact and the achievements of beneficiaries served in our three core program areas of education, health, and microenterprise. In 2016 our goals include: completing our teacher housing; beginning the construction of a multi-purpose building with a dining room and classrooms on the second level; remodeling the current health center building to create a minor surgical theater as well as modifying the maternity department to expand maternity services. We also plan an expansion of the Adult Literacy Program and children’s animal micro-projects.

On behalf of everyone who works for CALU, we thank you for helping us uphold our commitment to improving the lives of orphaned and disadvantaged children and their families. Your support has made a very positive impact in the lives and livelihoods of hundreds of households in Migyera and Nabbingo, Uganda.

Fr. Dr. Lawrence Kizito Kimbowa
Director
When Hilda Katuhaise was nine years old, her parents sent her and her siblings to live with relatives in Kampala in order to escape the extreme poverty of their village located in western Uganda. In 2008, Debra Rosen (West Hartford, CT) began sponsoring Hilda’s education. Hilda attended primary school and excelled in art classes. She went on to complete secondary school at Kisubi Mapeera Secondary School and to enroll in an industrial art and design program at the YMCA campus in Kampala.

Hilda also participates in ChangeALife Uganda’s microenterprise crafts program. With the help of Sophia Kho, owner of Kho & Co. jewelry studio, (Rumson, NJ) Hilda is becoming a skilled artisan using beads to create beautiful paintings and dresses, which she plans to sell to support her and her family.

Hilda also volunteers at the St. Lawrence School in Migyera where she shares her love of art with the students. As she moves forward realizing her own dreams, she delights in giving back by helping the younger students discover their own artistic talents.

Left: Hilda holds up one of her paintings incorporating intricate beadwork and brilliant colors. Inset: a beautiful vase crafted by Hilda.
Jennifer Nsireke is a 38-year old mother of seven children (three daughters and four sons). She lives with her husband Mutebi in the Nakitoma village in the Nakansangola District. Jennifer began attending CALU’s Adult Literacy Program in 2014.

Since that time, Jennifer has significantly improved her literacy skills as well as her writing and math abilities. CALU has also integrated our microenterprise and WASH programs into our literacy classes, enabling Jennifer to learn valuable life skills including craft making, bookkeeping and banking. Her family has learned safe sanitation and hygiene practices, such as boiling water prior to drinking it, effective gardening techniques and using a tippy tap for hand washing after latrine use. A tippy-tap is a jerry can suspended from a wooden frame, which includes a foot pedal that tips the can releasing a stream of water for outdoor hand washing.

Today Jennifer is proud to manage her own savings account, write thank you letters and support her children’s studies. Learning to read and write English and to do math computations increases the stature of women in rural Uganda giving them a greater voice in their families and their villages.

This year we expect 196 parents to participate in our classes in six locations learning life skills that will help them improve their standards of living as Jennifer has done.
What is it like to have a baby in rural Uganda? The Ugandan government recommends four antenatal visits, but for many women this is impossible. Ready-access to qualified medical care at public clinics is often unreliable. Betty Namubiru, a young woman from Migyera dealing with an unplanned pregnancy, discovered this last year when she tried unsuccessfully to obtain antenatal care at her local public health clinic multiple times. When Betty went into labor, her mother suggested they travel to CALU’s St. Francis Health Center rather than visit their local clinic. Betty and her mother arrived at St. Francis Health Center at 9:00 P.M. The staff welcomed them and ushered Betty into the maternity ward. She received a Mama Kit, which contains 16 basic supplies for delivery including a baby blanket, soap, clamps, an immunization card, and gauze.

Unlike Betty, many Ugandan women who do not receive antenatal care choose to give birth at home, putting mother and child at risk. At ChangeALife Uganda, we are working to educate the community about the benefits of antenatal care and medically supervised births and to ensure that our health center is staffed with skilled professionals who can deliver reliable, safe services for women like Betty and her new daughter Milda.

“I am grateful to the staff of the health center for they were available to attend to me until I delivered my first baby. So far, my baby is growing day-by-day and she is immunized against tuberculosis and polio”. This photo was taken when Milda was only four hours old.

HEALTH

In 2015, 7,272 patients were treated at the St. Francis Health Center, which is managed by CALU.

The St. Francis Health Center received neonatal equipment thanks to the generosity of the Gould Foundation (Boston, Massachusetts) and Joe Temple (Stuart, Florida).

CALU supports outreach programs to rural villages, including vaccinations and well visits for children, community HIV testing and antenatal check ups for pregnant women.

the lives we have changed
Ronald Kamuhabwa used to live in a grass-thatched house with no access to clean water and a collapsed latrine in the Kiteweyambogo Village in Migyera, Uganda. Every morning before school, Ronald would walk more than 2 kilometers to collect water from a stagnant pond used by local families as well as domestic animals. Ronald tried to keep up with his studies, but he and his family often fell sick from a variety of water-born illnesses. Ronald’s mother, Scovia Badede, was even treated for typhoid at ChangeALife Uganda’s St. Francis Medical Center and other family members were treated for malaria.

In 2015, CALU partnered with Ronald’s father Peter Katana to fulfill his dream of improving the family’s access to clean water and hygiene. Peter made his own bricks and constructed a brick home with a metal roof and CALU provided a water collection and filtration system as well as a pit latrine. CALU’s student-led WASH team (comprised of students and teachers from the St. Lawrence School) educated the family about sanitation and hygiene.

As the family’s access to clean water improved, so did Ronald’s schoolwork. He went on to graduate from the St. Lawrence School in Migyera and will be attending secondary school at the Pope John Paul Academy in Senior 1 as a boarding student.

The 512’ deep well and piping completed in 2014 continues to provide running water to the St. Lawrence School, St. Francis Health Center and surrounding community. More than 105 St. Lawrence students participate in W.A.S.H. teams performing sanitation and hygiene duties, as well as training at school and educating families in Migyera.

In 2015, CALU launched Phase 2 of our Quarters for Water project and helped to construct a pilot home with a water collection and containment tank, a pit latrine and hand washing station for a family in Migyera.

Ronald’s education is generously sponsored by Art and Lynn LePori (Jackson, New Jersey).
In 2014, Clare and Bernie Polatschek along with Linda and Fred Rose (Jackson, NJ) donated a pig through our FundsforFarming Program in honor of Father Bambrick, the pastor of St. Aloysius Church in Jackson, NJ (see page 12). Eight-year-old Bosco Kabyanga, whose education is sponsored by Charles DeWolf Middle School (Old Tappan, NJ), received the pig. Bosco, who lives with his grandparents and attends the St. Lawrence School, decided to name his pig Bambrick as his way of saying thank you.

Bosco’s pig was just one of over 140 animals donated to children in Migyera by the parishioners of St. Aloysius Church in celebration of St. Francis of Assisi Day. All of the children participated in CALU’s Children’s Enterprise Program where they learned how to raise their animals for profit, bookkeeping skills and the benefits of opening a savings account.

In 2015, Bambrick gave birth to nine healthy piglets. Bosco sold four piglets to help finance a new pit latrine for his family and to buy school materials for his siblings. His grandparents are partnering with CALU to upgrade their home and to install a water containment and filtration system. Bosco is incredibly proud of his contributions to his family’s income.

Father Bambrick (left) with CALU’s Father Lawrence at St. Aloysius.
Inset: Bambrick the pig.
CALU facilitates periodic outreach to bring healthcare to remote villages like Moone, a fishing community in the Nakasongola District. Hasifah, one of the community members, said this was the first time she had received an immunization, medical treatment and pain medication for a serious wound.

Primary 5 Students at the St. Lawrence School in Mityera participate in WASH (Water, Sanitation and Health) teams learning about the importance of clean, safe water.

Tom Mulimira is delighted to share the gifts he received from his sponsor, Sandy Gallagher.

A microenterprise loan from CALU enabled Pauline Namusisi to expand her retail store. She used her increased profits to build a new home for her family.

For the first time, the St. Lawrence School chess team placed third in the Father Grimes National Schools Chess Championship.

The number of women participating in CALU’s Functional Adult Literacy program continues to expand, currently at 145. Reading and writing skills enable women to support their children’s studies and gain authority within their homes and communities.
2015 Financial Report

INCOME: Where the Money Comes From

<table>
<thead>
<tr>
<th>Source</th>
<th>Revenue</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Private Donations:</td>
<td>$312,901</td>
<td>56.87%</td>
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<tr>
<td>Corporations:</td>
<td>25,841</td>
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<tr>
<td>Foundations:</td>
<td>128,530</td>
<td>23.36%</td>
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<tr>
<td>Events:</td>
<td>14,140</td>
<td>2.57%</td>
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<tr>
<td>Churches, Schools, Service Organizations:</td>
<td>49,794</td>
<td>9.05%</td>
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<tr>
<td>Craft Sales:</td>
<td>19,000</td>
<td>3.45%</td>
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<tr>
<td><strong>TOTAL REVENUE:</strong></td>
<td><strong>$550,206</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

EXPENSES: Where the Money Goes

Uganda Programs and Activities

<table>
<thead>
<tr>
<th>Program</th>
<th>Expense</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Education:</td>
<td>$283,248</td>
<td>59.88%</td>
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<tr>
<td>Microenterprise:</td>
<td>26,925</td>
<td>5.69%</td>
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<tr>
<td>Water Improvement Project:</td>
<td>24,728</td>
<td>5.23%</td>
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<tr>
<td>Healthcare:</td>
<td>20,500</td>
<td>4.33%</td>
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<tr>
<td>Program Services:</td>
<td>60,060</td>
<td>12.70%</td>
</tr>
<tr>
<td><strong>TOTAL EXPENSES:</strong></td>
<td><strong>$472,987</strong></td>
<td><strong>100%</strong></td>
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</tbody>
</table>

Administrative Expenses USA

<table>
<thead>
<tr>
<th>Expense</th>
<th>Expense</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fundraising, Management and General Expenses</td>
<td>57,526</td>
<td>12.16%</td>
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<tr>
<td><strong>TOTAL EXPENSES:</strong></td>
<td><strong>$472,987</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

Net Assets Beginning of Year: $151,224
Net Assets End of Year: $228,441

For every $1.00 spent:

- 88 cents goes to programming expenses
- 12 cents goes to administrative expenses (including management, general and fundraising expenses)
Spotlight on our Sponsors

Thank you to the following individuals and organizations who sponsor children. The gift of education is the greatest gift you can give a Ugandan child.

Sponsors of Primary School Students

Patricia & Joseph Albany
Andre Ameer
Liz Annino & John Kubicka*
Nancy Aragon
Betsy & Ed Aras
Jim & Mary Austin
Marie Baber
Maria Baggerly
Deborah & Michael Bagnell
Karen & Vince Barilla
Art & Kathy Barnes
Amy Barnum
Kerry Beckmann*
Ernestine & Jeffrey Biemuller
Laura Bligh
Arlene & Maurice Boyle
Valerie Brett & Rodney Gardner*
Donna Canvin
Emily Cartwright
Erin Catney
Normajean & Vincent Cesario
Vera Cetta
Kerry & Jeff Chandler*
Michelle Chen
Alice & Jim Chiou
Robin Ciambrone
Bernadette Clifford & Art Kliemisch
Irene & Marty Cohen
Marie & Rodrigo Colon
Colts Neck Reformed Church & School*
Peggy & Ed Connelly*
Lucille & Joseph D’Angelo
Melissa & Corrado DelRossi
Kathleen Dempsey
Jane Denny
Caroline DeSena
Carol Devenny
Sarah Devine
Carolyn & Graham Dillaway*
Mechan & Mark Disciullo
George Doehner
Christine & Timothy Dolan
Patricia & Jim Dolan
Jennifer Draeger
Mary Dunn
Christina Durney
Margaret & Michael Emr
Siobhan & Pete Fallon-Hogan
Ellen Fazio
Karen Foster
Louise Frassetti
Sandy Gallagher
Liz & Robert Galow*
Armande & Thomas Gaven
Katherine Gehlhaus
Joan Geist
Geraldine George
Nicole & Michael Gray
Kathryn & John Grifonetti*
Megan Gula Turkaly
Fran & Jamesa Guldner*
Kristen Hall*
Cynthia Hart
Kathleen Harvardskany
David Hegedus
Kate Hinckley
Marcia & Bell Hitzel
Marie & Christopher Hall
Robert & Rosita Holloway
Ginne Hooper
Ayesh & Ajit Hardugada
Linda Jelley
Theresa & Kyle Johnson
Andrea Jomides
Danielle Jones
Abby Kelly
Arleen Kerr
Knights of Columbus of St. Monica’s Church, Jackson, NJ*
Jeff & Jamie Knol
Mary Ellen Koch
Jim Kochis
Robert Krantz
Ricki Krantz-Horowitz
Maniocha Krishnamurti
Christina Kraposky
Libby Kurry
Edward Lavolpe
Kay Lavis
Jirakal Lee
Art & Lynn LePori
Melissa Lilly
Penny Litterio
Patches & Bryce Magarro
Jerry & Barbara Makris
Christinia Mangano
Christol & Uku Mannikus
Lauren Maroott*
Judith Marotta
Linda & Donald Marotto
Virginia & Richard Martel
Kristin Marzarella
Dawn Marzarella
Mary McAndrews
Edith McCaffrey
Toni McEwan
Jennifer & Ken McKeever
Joan & Eugene McLoughlin
Lynn McNulty
Catherine & Edward McQuade
Michael Milton
Michael Misura
Jane & Frank Mlatkiewicz
Josephine Moran
Gail & Vincent Moresco
Ann & Joseph Moroney
Sarah Nelson
Gaye & Paul Nicholson*
Connie Nolan
Debra & John Novak
Anthony Novembre
Debra Nunez
Joan O’Donnell
Virginia & Peter Oleck

A bright idea lights up the Ugandan night!

Jackie Kho was a junior at Rumson-Fair Haven High School (Rumson, NJ) when she had a bright idea. She read about Luci Lights, inflatable solar powered lights by Mpowerd, Inc. She organized a fundraiser at her school and encouraged her fellow students to “buy one and give one.” Students at Rumson Country Day School and St. Aloysius Church parishioners (Jackson, NJ) followed suit with their own fundraiser and soon more than 1,500 Luci lights had been shipped to the students in Migyera where families do not have electricity. Now students can study or read at night and the lights serve as flashlights for nighttime trips to outdoor latrines.
Asaph Guma ranked #1 academically out of 85 students in his grade. His education is sponsored by the Knights of Columbus (Jackson, NJ). His siblings will join him at school when they receive sponsors.
We invite you to join us and help change the lives of children and their families in Uganda.

To learn how to sponsor a child or support our other programs, please visit our website at www.changealifeuganda.org or call us at 732.833.1736.

We welcome the opportunity to talk with you about how you can change a life.

You can also make a donation to the program of your choice online, or by mailing your check (payable to ChangeALife Uganda) at our address above right. To make a gift of stock or to discuss your donation, please contact us.

Thank you.

Spotlight on our Donors

Thank you to the following donors who make our mission possible.

GIFTS OF $10,000 OR MORE

Segal Family Foundation Inc.
Timothy & Caroline Reynolds
Merck Partnership for Giving
Parishioners of St. Aloysius Church, Jackson NJ
Duff Family Foundation
Allen M. & Patti J. Gustafson
GlobeMed at Rutgers University
Jean Semler & David Thelen
Theresa E Unanue

GIFTS OF $5,000 – $9,999

Jeff & Kerry Chandler
Kathleen M & Peter E Naktenis
Family Foundation Inc.

GIFTS OF $2,500 – $4,999

Nancy & Harry Singer
John & Kathryn Grifonetti
David & Sophia Kho
Nordson Corporation, Ohio
Sisters of Charity of Halifax
Colts Neck Reformed Church
Rotary Club of West Orange Foundation, Inc.
Dana Owens

GIFTS OF $500 – $2,499

Lakhani Eye Associates
Meridian Hospitals Corporation
Chi Gee & Sophia Kho
Michael Tama
Centene Management Co. LLC
James & Regina Purcell
Gary & Janet Spinner
Immaculata High School, Somerville, NJ
Girl Scout Troop 70197, Cranbury, NJ
St. Andrew School, Middletown, DE
Kenneth & Nancy Kubicka

St. Aloysius

On October 4, 2015, members of the St. Aloysius Church in Jackson, New Jersey celebrated the Feast of St. Francis Assisi, who was known for his love of animals, by raising $10,500 for our Children’s Enterprise Program. This incredibly generous gift enabled us to buy a cow, pig or goat for every sponsored child at the St. Lawrence School who wanted an animal and to expand the educational component of our program. The children are learning how to care for their animals, track their growth and apply what they learn in agricultural classes at school to their own livestock enterprise. Children who have experience with our program also serve as mentors for new participants sharing their challenges and successes with the group.

Above: St. Aloysius parishioners from the left: Joseph & Lucille D’Angelo, Paul Scalzo

The lives we have changed
CALU Welcomes the Youth and Enthusiasm of our GlobeMed Rutgers University Partner

2015 brought a new and exciting partnership between CALU and GlobeMed at Rutgers University. GlobeMed at Rutgers University is one of 46 chapters of GlobeMed, a student-run 501(c)3 organization that is leveraging resources on college campuses nationwide to strengthen the movement for global health equity. GlobeMed university chapters partner with grassroots organizations all over the world to create change through human relationships. The GlobeMed students at Rutgers have supported us through enthusiastic fundraising in the U.S. and by sending three of their members, Samantha Oulette, Stephanie Lin and Jonna Shourie, to Uganda during our annual summer trip to provide WASH (water, sanitation and hygiene) training at the St. Lawrence School.

GlobeMed representatives Samantha, Stephanie and Jonna, taught the children in Primary 1-3 a game called “disease tag” using glitter to illustrate how germs spread. The laughing children were quickly covered in glitter and learned the importance of thorough hand washing. The GlobeMed students also worked with children in Primary 5-6 to create posters describing proper hand washing and clean water habits to hang around the school compound. Our students enjoyed learning about hygiene from American college students and Samantha, Stephanie and Jonna were able to share their first hand experiences with the rest of the GlobeMed team at Rutgers increasing the group’s enthusiasm for our mission.

Last year, GlobeMed’s successful fundraising efforts resulted in a donation of $13,500, which combined with a generous donation from Thomas Duff (Florida), enabled CALU to purchase 10 acres of land adjacent to the St. Lawrence School. This property will be the site of our planned school expansion, which includes a new multipurpose dining/meeting room, new classrooms, library, computer lab, and an expanded school garden. We are grateful to GlobeMed for helping to bring these ambitious plans another step closer to fruition.
Rosemary Carroll with Jane Nakamanya, who is sponsored by Rosemary’s friend, Liz Rifino.